

Kayla M. Kemp, M.A., tLMHC

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EDUCATION

Ph.D. , Counselor Education & Supervision University of Iowa, Iowa City, IA	Expected 2025
Graduate Certificate in College Teaching University of Iowa, Iowa City, IA	Expected 2025
M.A. , Educational Psychology University of Minnesota, Minneapolis, MN	May 2021
B.A. , Psychology; B.A. , Spanish Concordia College, Moorhead, MN	December 2013

CREDENTIALS AND LICENSURE

tLMHC - Iowa #112816	2022 – present
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RESEARCH AND SCHOLARSHIP

Refereed Publications – In Print

Rausch, M.A. & Gallo, L. L., **Kemp, K. M.** (2023). A review of foster care in professional counseling journals: A 31-year content analysis. *The Family Journal*, 31(1), 103–107. <https://doi.org/10.1177/1066480722110410>

Refereed Publications – In Press

Gallo, L. L. & **Kemp, K. M.** (In Press). Mindfulness-based interventions for addressing trauma, anxiety, and emotional dysregulation in children and adolescents: A literature review. *Journal of Counselor Practice*, 14(1), 1–27. <https://doi.org/10.22229/ajs8975023>

Manuscripts In Revision

Manuscripts Under Review

Woodbridge, L. M., **Kemp, K. M.**, Duys, D. K., & Simon, T. X. (Under Review). Lived experiences of master's counseling student-caregivers during the COVID-19 pandemic.

Gallo, L. L., Buning, M. M., Rausch, M.A., & **Kemp, K. M.** (Under Review). School counselor suicide intervention needs: A national survey.

Manuscripts In Development

Kemp, K. M. (In Development). Advocate identity and advocacy competencies across the counseling career span.

Book Chapters

Grants

ACES Graduate Student Research Award. *Exploring advocate identity and advocacy competencies in counselors and counselors-in-training: A mixed-methods proposal*. [Awarded 2023].

Refereed Presentations – National

Kemp, K. M. (2023, October 13). *Advocate identity and advocacy competencies across the counseling career span*. [Poster presentation]. ACES Conference, Denver, Colorado.

Gallo, L. L., Rausch, M. A. & **Kemp, K. M.** (2023, October 13). *A national survey of school counselors' needs in suicide intervention: What counselor educators need to know*. [Poster presentation]. ACES Conference, Denver, Colorado.

Refereed Presentations – Regional and State

Karkhanis, S. & **Kemp, K. M.** (2022, September 30). *A call for cyber safety competencies (CSCs) in counselor education*. [Poster presentation]. NCACES Conference, Omaha, Nebraska.

Kemp, K. M. & Karkhanis, S. (2022, September 16). Increasing resiliency during Covid-19: Recommendations for novice counselors and their supervisors. [Poster presentation]. ACA of Iowa Virtual Conference. (Conference canceled)

Hatzimalonas, M., **Kemp, K.**, Coyle, R., Mason-Chagil, G., Sylvia, K., Thornton, M., Turner, S., & Berger C. (2021). Experiences of Native American engineering students: Thriving in the face of obstacles. [Virtual poster presentation]. CEHD Research Day, University of Minnesota, Minneapolis, MN.

TEACHING

Graduate Certificate in College Teaching , University of Iowa, PSQF:6217 Seminar in College Teaching PSQF:6216 Tools and Utilities for Online Teaching CSed:7470 Internship in Teaching (Introduction to Group Counseling) CSed:7380 Internship in Teaching (Career Development and Counseling) PSQF:6211 Universal Design & Accessibility Online EALL:7475 ePortfolio in College Teaching	2021 – present
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Co-teaching Experience, University of Iowa

- CSED:5202 Introduction to Group Counseling Fall 2023
- CSED:5203 Career Development and Counseling Spring 2024

Workshops

- Harnessing Stress Fall 2020

Other

Group Counseling Co-Facilitator – University of Iowa 2021

PROFESSIONAL EXPERIENCE**Counselor (tLMHC)**

Alli Center, Coralville, IA 2023 – present

Graduate Research Assistant

University of Iowa, Iowa City, IA 2021– present

Counselor (tLMHC)

Julian & Associates, Iowa City, IA 2022 – 2023

Graduate Teaching Assistant

University of Minnesota, Minneapolis, MN 2021

Counseling Intern

Bethel University, Arden Hills, MN 2020 – 2021

LEADERSHIP AND SERVICENational

Teaching and Supervision in Counseling, Graduate Student Editorial Board Member 2023 – present
ACES Conference Volunteer 2023

Regional & State

NCACES Graduate Student Committee 2023 – present
ACA of Iowa, Regional Chair 2022 – present

Community

NAMIWalks Johnson County, Team Leader 2023
ShelterHouse, Volunteer 2023
Iowa City Pride, vendor-check in volunteer 2022

University

Chi Sigma Iota – Rho Upsilon, President-elect 2023 – present
Chi Sigma Iota – Rho Upsilon, Treasurer 2022 – 2023
Chi Sigma Iota – Rho Upsilon, Member 2022 – present

Volunteer Research Assistant – University of Minnesota	2020 - 2021
Cross-Cultural Discussion Group Facilitator – University of Minnesota	2020 - 2021
Counselor Education Program Philanthropy Co-Chair – University of Minnesota	2020 - 2021

MEMBERSHIPS AND AFFILIATIONS

Southern Association for Counselor Education and Supervision, member	2023 – present
Association for Creativity in Counseling, member	2023 – present
Association for Counselor Education and Supervision, member	2021 – present
North Central Association for Counselor Education and Supervision, member	2021 – present
American Counseling Association, member	2019 – present

PROFESSIONAL TRAININGS & DEVELOPMENT

Notes Seminar: Treatment Plan to Termination
Counselor 101, 2023

Documenting Progress
Counselor 101, 2023

Intake 90791: Getting it All Done
Counselor 101, 2023

Creating Values-Based Treatment Plans & Notes
Counselor 101, 2023

Adverse Religious Experiences: An Introductory Workshop
Religious Trauma Institute, 2022

Solution Focused Brief Therapy: An Evidence-Based Approach to Create Rapid, Sustainable Change with Any Client
PESI, Digital Seminar, 2021

Acceptance & Commitment Therapy Made Simple: ACT for PTSD, Anxiety, Depression & Personality Disorders
PESI, Digital Seminar, 2020

Telehealth for Mental Health Professionals: 2-Day Distance Therapy Training
PESI, Digital Seminar, 2020